

Happy February,

I hope everyone had a good start to the year! It is hard to believe we are already in the second month of 2024. Although it appears that temperatures are rising again, please ensure your kids are dressed warm and have a coat in case we are able to go out to recess.

Birthday:

-Brisa: 9th -Craig: 14th -Rose: 24th

-Theta: 25th



Themes:

Groundhogs Day

Valentine's Day





Reminders:

- Groundhogs Day Friday, February 2nd
- Saturday Night Care February 10th 3:30 10pm Please sign up at the front desk with a \$20 cash deposit
- No School on Friday, February 16th Childcare is available
- No School on Monday February 19th Country Dawn is CLOSED for a teacher in-service day
- We have a lack of clothes for school age children and would appreciate if anyone would donate old clothing they don't need anymore and are willing to get rid of

-Ms. Chiara and Ms. Amy 425-334-5412 countrydawnchiara@gmail.com

MONDAY

All Week - Soynut & Jam **Country Dawn Lunches** T - Tuna M - Grilled Cheese

W - English Muffin Pizzas F - Quesadillas Th - Turkey & Cheese

Breakfast: Assorted cereals &

PM: Soy butter and jam AM: Green beans with Saltine sandwiches with pears

pineapple Breakfast: Assorted cereals & AM: Fig Newtons with mandarin

pickles PM: Tuna sandwiches with

Country Dawn closed for

in-service day

Breakfast: Assorted cereals &

(* sliced cheese & cucumbers) PM: Carrots and cheese cubes peppers, zucchini

AM: Goldfish crackers with bell

Menu February

TUESDAY

All breakfasts are served with water and milk.

as a breakfast option each day. Assorted cereals are also served

Water is served with all snacks * 30 months and under

Breakfast: English muffins with AM: Graham crackers with mandarin oranges boysenberry jam or soy butter &

PM: Pretzels, carrots, celery (* grapes (* pineapple) cucumbers & crackers)

AM: Turkey cubes with Ritz blueberries crackers Breakfast: Oatmeal &

PM: Apple slices, cheese cubes * grated cheese

AM: Wheat Thin crackers with ham and cheese & bananas Breakfast: Scrambled eggs with

PM: Pineapple with graham cucumbers (*crackers)

peaches

Breakfast: French toast &

hummus, pita bread AM: Celery, broccoli (* roasted),

PM: Vanilla yogurt with mixed

cheese & apple slices Breakfast: Bagels with cream

AM: Roasted cauliflower with Ritz crackers

Breakfast: Biscuits with

AM: Tomato slices, zucchini sausage gravy & pears with Saltine crackers

PM: Pita bread with hummus,

crackers (* grated cheese and PM: Cheese cubes with Triscuit crackers "crackers"

Breakfast: Oatmeal & apple

AM: Rice cakes with pears

with olives

THURSDAY

PRESCHOOL & CHILDCARE, INC.

mixed berries Breakfast: Cinnamon toast &

hummus, pita bread AM: Celery, broccoli (* roasted),

PM: Orange slices with popcorn (* crackers)

Breakfast: Breakfast burritos

with ham, cheese & pineapple

PM: Peas with cheese cubes (* grated cheese)

> cucumbers, bell peppers AM: Goldfish crackers with

PM: Vanilla wafers with

snap peas (* peas)

AM: Pretzels with green beans Breakfast: Pancakes & orange

PM: Bean and cheese tortillas

PM: Orange slices with popcorn

(* crackers)

cauliflower, tomato slices, ranch

(* only tomato)

AM: Breadsticks with mixed berries

FRIDAY

Breakfast: Assorted cereals &

AM: String cheese with roasted potatoes

PM: Fig Newtons with bananas

applesauce

Breakfast: Assorted cereals &

crackers), hummus carrots (* bell peppers & PM: Wheat Thin crackers with cheese, bananas AM: Mini bagels with cream

cantaloupe

AM: Cinnamon tortillas with strawberries & whip cream Breakfast: Waffles with applesauce

crackers with pears) PM: Popcorn with grapes (*

AM: Ritz crackers with roasted Breakfast: Croissants with boysenberry jam & cantaloupe

PM: Teddy grahams with mandarin oranges

PM: Rice cakes with yogurt

Sticks

AM: Cauliflower, broccoli (*

roasted) with ranch, bread

bananas

Breakfast: Assorted cereals &

strawberries Breakfast: Assorted cereals &

PM: Pita bread with hummus, AM: Vanilla wafers with oananas

snap peas (* peas)

Breakfast: Cinnamon toast &



February 10th

3:30 - 10:00

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up

pay the balance when you pick up

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour

