

# APRIL

## We are learning...

We are so excited that the days are getting longer and warmer! We have all been working on "inside voices" and are doing a good job reminding others nicely to do so. We are also working hard to learn appropriate ways to manage our anger such as deep breaths or throwing and kicking balls or pillows to get angry energy out. Words like "stop," "I don't like that", or "I need space" are being heavily encouraged as well. Overall everyone is doing very well and we are looking forward to warm spring and summer days!

## Important Dates

4/10, 4/17. 4/24 - Elevate Music

4/13 - Saturday night care, sign up at front desk with \$20 cash deposit.

4/26- Assembly

4/22-4/26- Scholastic book fair in the big room!

4/25- Scholastic Family Night with rootbeer floats!! 6-7:30pm



## Themes

This month we will focus on:

- Bugs
- Plants/Earth Day
- Zoo

## Reminders and Notes

- With the sun coming out more we will start applying sunscreen before outside time. I will be sending messages to those of you who don't have sunscreen, or if what we have is expired. Reminder that all sunscreen must be lotions, **no aerosols.**
- Please let me know anytime your child will be absent for staffing purposes.
- Ms. Lilia is the new teacher in our room, the kids already love her!
- We get to decorate the bulletin board by the front desk this month, be sure to check it out!

Please contact me with any questions, comments or concerns through ProCare or [countrydawnaurora@gmail.com](mailto:countrydawnaurora@gmail.com). Thank you!

♥ *Ms. Aurora, Ms. Alyssa, Ms. Lilia*

# 2024

## April Menu



### MONDAY

01

Breakfast: Assorted cereals & pears

AM: Green beans with Saltine crackers

PM: Soy butter and jam sandwiches with pears

08

Breakfast: Assorted cereals & pineapple

AM: Fig Newtons with mandarin oranges

PM: Tuna sandwiches with pickles

15

Breakfast: Assorted cereals & mandarin oranges

AM: String cheese with goldfish crackers

PM: Cheesy bread with peas

22

Breakfast: Assorted cereals & bananas

AM: Rice cakes with pears

PM: Bean and cheese tortillas with olives

29

Breakfast: Assorted cereals & pears

AM: Green beans with Saltine crackers

PM: Soy butter and jam sandwiches with pears

### TUESDAY

02

Breakfast: English muffins with boysenberry jam or soy butter & mandarin oranges

AM: Graham crackers with grapes (\* pineapple)

PM: Pretzels, carrots, celery (\* cucumbers & crackers)

09

Breakfast: Oatmeal & blueberries

AM: Turkey cubes with Ritz crackers

PM: Apple slices, cheese cubes (\* grated cheese)

16

Breakfast: Scrambled eggs with ham and cheese & bananas

AM: Wheat Thin crackers with cucumbers (\*crackers)

PM: Pineapple with graham crackers

23

Breakfast: French toast & peaches

AM: Breadsticks with cauliflower, tomato slices, ranch (\* only tomato)

PM: Vanilla yogurt with mixed berries

30

Breakfast: English muffins with boysenberry jam or soy butter & mandarin oranges

AM: Graham crackers with grapes (\* pineapple)

PM: Pretzels, carrots, celery (\* cucumbers & crackers)

### WEDNESDAY

03

Breakfast: Bagels with cream cheese & apple slices

AM: Roasted cauliflower with Ritz crackers

PM: Peas with cheese cubes (\* grated cheese)

10

Breakfast: Biscuits with sausage gravy & pears

AM: Tomato slices, zucchini with Saltine crackers

PM: Pita bread with hummus, snap peas (\* peas)

17

Breakfast: Pancakes & orange slices

AM: Pretzels with green beans (\*crackers)

PM: Cheese cubes with Triscuit crackers (\* grated cheese and crackers)

24

Breakfast: Oatmeal & apple slices

AM: Goldfish crackers with bell peppers, zucchini

PM: Carrots and cheese cubes (\* sliced cheese & cucumbers)

01

### THURSDAY

04

Breakfast: Scrambled eggs with ham, cheese & pineapple

AM: Goldfish crackers with cucumbers, bell peppers

PM: Vanilla wafers with cantaloupe

11

Breakfast: Waffles with strawberries & whip cream

AM: Cinnamon tortillas with applesauce

PM: Popcorn with grapes (\* crackers with pears)

18

Breakfast: Croissants with boysenberry jam & cantaloupe

AM: Ritz crackers with roasted broccoli

PM: Teddy grahams with mandarin oranges

25

Breakfast: Cinnamon toast & mixed berries

AM: Celery, broccoli (\* roasted), hummus, pita bread

PM: Orange slices with popcorn (\* crackers)

02

### FRIDAY

05

Breakfast: Assorted cereals & applesauce

AM: Mini bagels with cream cheese, bananas

PM: Wheat Thin crackers with carrots (\* bell peppers & crackers), hummus

12

Breakfast: Assorted cereals & bananas

AM: Cauliflower, broccoli (\* roasted) with ranch, bread sticks

PM: Rice cakes with yogurt

19

Breakfast: Assorted cereals & strawberries

AM: Vanilla wafers with bananas

PM: Pita bread with hummus, snap peas (\* peas)

26

Breakfast: Assorted cereals & fruit

AM: String cheese with roasted potatoes

PM: Fig Newtons with bananas

03

All breakfasts are served with water and milk.

Assorted cereals are also served as a breakfast option each day.

Water is served with all snacks.

\* 30 months and under

### Country Dawn Lunches

All Week - Soynut & Jam

M - Grilled Cheese

T - Tuna

W - English Muffin Pizzas

Th - Turkey & Cheese

F - Quesadillas

# Saturday Night Care

**April 13th**

**3:30 – 10:00**

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour

